Route 4
Whinfield

Short Route – 25 minutes
Long Route – 30 minutes

This cycle ride will take you out of the urban area of Darlington towards Barmpton and passes the edge of Skerningham Community Woodland.

- Start at the toucan crossing outside Asda supermarket in Whinfield. Cross to the opposite side of the road from Asda and turn right, then left onto Sparrow Hall Drive.

- Continue along Sparrow Hall Drive until the end where you can access Green Lane. Carry on straight along the off road path which will take you over the railway line, then carry on until you reach a T Junction.

- Turn right onto Glebe Road and carry on until you reach the off road route. Take the track to the right and follow this until you reach a fork in the track. Turn right at the fork and continue along this until you reach Barmpton Lane.

**Shorter Route:** At Barmpton Lane turn right to head back towards town. At this point you can take the first right onto Whinbush Way, which will take you back to the start of the ride.

**Longer Route:** Alternatively, turn right onto Barmpton Lane and take the third right onto Beech Road. From here you will see the entrance to Beech Wood. Leave the road and join the off road cycle path through the wood. Continue along this path until you reach Whinfield School. Turn right at the corner of the school, alongside Asda supermarket and cross the car park to return to the start point.
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